

NOOSA SWIM SQUADS

CHRISTMAS HOLIDAY SWIMMING TIMETABLE 2019-2020

ORCAS	Senior Squad swimmers	2 hours
SWORDFISH	Intermediate Squad swimmers	1hour 45
SEALIONS	Advanced Junior Squad swimmers	1hour 30
STINGRAYS	Junior Squad swimmers	1 hour

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30am	ORCAS	ORCAS		ORCAS	ORCAS	
	SWORDFISH	SWORDFISH		SWORDFISH	SWORDFISH	
8:30am						STINGRAYS
						SEALIONS
3:30pm		STINGRAYS	STINGRAYS	STINGRAYS		
4:30pm		ORCAS	ORCAS	ORCAS		
		SWORDFISH	SWORDFISH	SWORDFISH		
		SEALIONS	SEALIONS	SEALIONS		

The timetable above will apply from Monday December 16th until Saturday January 25th.

Morning sessions only during the weeks commencing Monday 23rd and 30th December

No squad sessions on Public holidays unless specially arranged.

We encourage all swimmers to attend as many sessions as possible for this holiday period.

WISHING EVERYONE A HAPPY AND HEALTHY FESTIVE SEASON!